

Training Trauma Informed Peers (TTiPs)

Objectives:

- Learn about trauma
- Learn about the difference between adaptations versus symptoms through the ACE study
- Learn about what is trauma-informed care and the role of peer support
- Understand trauma-informed intentional peer support
- Understand the power of the trauma narrative
- Learn the use of peer led trauma-focused interventions
- Learn the essentials of self-care



March 12-14, 2018

Human Resources Center of Edgar
and Clark Counties
Paris, IL.

March 28-30, 2018

Locust Street Resource Center
Carlinville, IL.

Space is Limited!

Limit: 30 participants per training

Training Cost: \$100.00

CEUs: 15.5 Hours



www.hrcec.org

Category: Counselor I or II, Preventionist I or II, CARS I or II, MISA I or II or III, PCGC II, CCJP I or II, CAAP I or II, CRSS I or II, CPRS I or II, MAATP I or II, RDDP, NCRS II, CFPP II, CVSS I or II

Meet Your Trainers



CHERYL S. SHARP, MSW, ALWF

Works nationally to facilitate Trauma Informed Care (TIC) Learning Communities and is a content expert on trauma, resilience and TIC implementation. Cheryl has worked with trauma survivors for over 28 years and holds the unique perspective of a person who has recovered from significant mental health challenges, a trauma survivor, a family member of a loved one who died as a result of mental illness, and a provider of substance abuse and mental health services. She is a Master WRAP Trainer, Mental Health First Aid USA instructor, and trainer of Intentional Peer Support. She received a Substance Abuse and Mental Health Services (SAMHSA) Voice Award for her work and personal stories educating the public about behavioral health and the Lou Ann Townsend Courage Award for her contributions to persons with psychiatric disabilities.



ANNA H. GRAY

Anna H. Gray, M.Ed., Certified Peer Specialist, has worked in the mental health field for 30 years as a houseparent, crisis intervention team captain, emergency room psychiatric assessor, psychotherapist, advocate, and peer trainer. She currently owns PRO International, a consulting organization that specializes in mental health recovery programs and training. She is the co-founder of Prosumers International and serves as their senior consultant and program developer. She uses her lived experience of mental health issues to advocate for recovery outcomes for all people with lived experience of mental health issues.